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Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond will throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org Dot au.

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3 CR: welcome to Out of the Pan a show covering pansexual issues knowing no boundaries of sex or gender or genre. I'm Sally Goldner, I use the pronouns she and her and welcome to listeners of all genders including but not limited to ladies and gentlemen. Lots of ways to get in touch with the show: you can do so out of the pan 855 at gmail.com; you can SMS six, one, four, five, six, seven, five, 1215; on Twitter, Instagram, Mastodon and Bluesky - the skies are always blue - at salgoldsaidso and that's the bottom line and posts on Facebook. My page, Sally Goldner and out of the pan 3 CR 855 am Melbourne. You can snail mail in if you want to do that as well at PO Box 1277 Collingwood 3066. Remember any opinions expressed on this show is strictly strictly my own, not those of any organization with which I've been associated past or present.

It may be possible. Content notes, today's General coverage if you need switchboard, 1-800 1845 27, you can also go to Rainbow door. One eight hundred seven, two nine three, six seven, and thanks to the crew from out of the blue diving deep for the Marine news and going all over the world to do it with them. And they're diving correspondence as opposed to the roving ones, or the rick rover or the fullback.

Some and well, it's fall forward for Collingwood in the Brisbane Lions in the AFL, men's Grand Final. You can, of course, be involved watch that or something. Next Saturday on the show today, having a couple of things yesterday was celebrate, bisexuality day, so we'll have some bees buzzing in, so to speak. And as well, be looking, I went to see Julie Peters show last night. We'll talk.

About the show. And you know, I'll say pioneers and Elders, like Julie, Peters. Perhaps you might want to message in. Do you have someone who is your sort of pioneer or Elder? There's lots of great work done by people of all ages and levels of experience. I think is a critical thing to consider here. But you may have someone you want to acknowledge and talk about and tell me what it is that you think is so awesome. So awesome about them.

And let's hear your voices. Well, that's another sort of voice as well. So yeah, this week has been celebrate bisexuality week. This is an important day on the calendar, the be, the largest sexuality under the rainbow, which many people, some people find surprising, but when you think of life beyond the world of binaries,

Which is a good thing to do in my humble opinion, what by asked as I may be and no slide innuendo puns about bias. This makes sense that you know, someone who is 100% homosexual and 100% someone who is 100% heterosexual are at the ends of a kalit spectrum. If we want to look at it that way and you've got everyone in the middle. And if someone's just who, let's say is a male,

99% of the time is attracted to males, but on other occasions, one occasion life is sexually, or romantically attracted to another gender woman or non-binary. Then, there we go. So, particularly in this day and age of non-binary, you know, it's interesting that, you know, I think that with there's far more multi-gender attracted. So, to speak, then people might think, unfortunately, of course, by people have faced Erasure,

Our overtime and invisibility invisibility, I think is slightly lesser if I can put it that way, it's where simple example walking down the street. You see a couple who appear to be in an intimate partner relationship, sexual or romantic? And you assume one is rightly one is a man, one is a woman are, there's a heterosexual couple know of one or both of those people could be by, they might Define their relationship as by. So it

That sort of invisibility but Erasure of the more difficult things I will say small content note for biphobia by a Rosier. Make up your mind, get off the fence, all those sorts of things and there there's worse things that by people have been called. So the thing is that buyer celebrate by day is now over 30 years old by Net USA was founded in 1990 and

And had a meeting at the first national bisexual conference in America. And in declaring initially, June 23 1990s by Pride day, but September 23rd came in, there's all sorts of theories as to why it was picked on that day. The, some people said it was some that it was Freddie, Mercury's birthday. Some said it was close to the Equinox sort of a balanced approach and

So 23rd was what it was, but it wasn't Freddie Mercury's birthday. It was actually one of the three people who were sitting around talking about it and it was their birthday on the weekend of September 23rd, which fell on a weekend in 1990, in there to pull party. Not every bisexual like swimming or anything like that. This one, this one very much does, of course, hello to the nice people, at aquamarine around in

Doncaster, who keep me caffeinated and usually egg and bacon muffined after my swims and other things. So anyway, bisexuality day a really important day. There's a wonderful online event still happening today, as it has been since Friday Stand By Us yours. Truly, not as involved this year, but it has been in past years, certainly commend it. Some of the panels are up on YouTube and you can check out the

The some of these panels, I'll get the YouTube link for you in due course, and the website and still a couple of events going on today and has been lots of a sort of great discussion. You buy a new row spicy, I think was one. And, you know, I think this is really welcome. There's been the future of by Plus

Health, which we do need to talk about. So these are the things we need to be discussing, and there's opening panels, and event, intros, and all sorts of things. So, yeah, check out The Stand By Us Forum. The exact sort of writing of that, in terms of the YouTube channel is stand, second word, bi third word us, fourth word forum, Stand By Us Forum, YouTube, pop that into your search engine, you

Some of the videos from a few already up from the current year and lots from previous years doing busting some wineries so to speak. In the meantime, let's have a listen to one of the great guitarists of all time. Jeff Healey and attract from an album that was released posthumously and around 2016. The album was called heal my soul. This tracks called Baby. Blue 3. CR 855 am 3. CR.

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Sovereignty in the time of the voice, a panel discussion, delving into the fight for First Nations Justice against the backdrop of the colonial system attempting to diminish, our power featuring MC. Surely Hood Professor Chelsea, what ago, Senator Lydia for and president Kuran. Stuart Ashen of the black people's Union, 6:30, p.m. Thursday, 28 September at the Capital Theater Swanston. Street tickets are on a sliding scale. Via Eventbrite, find the event on the black, people's unions, Facebook and Instagram.

Ages. All proceeds to go to the black Sovereign movement, hosted, by black people's Union and Renegade activist 3 CR supporters,

This is David Robson. You are tuned to 3. CR 855 am Melbourne Australia step three is finding there's a tactic when everyone believes it could be true. That if all the people work collectively there just might be something we can do and everything can change.

3 CR 855 am 3 CR Digital 3, CR dot org dot a. You 3 CR on demand out of the pan with Sally first broadcasting noon through one every Sunday afternoon this week, Australian Eastern Standard Time next week, Australian daylight savings time. Yes, clocks, move forward an hour in Victoria Tasmania and New South Wales in the act. So for those elsewhere in so-called Australia

Queensland and Western Australia in particular, you'll have to think about when you tune in because it will be different and every other time zone in the world. But if you're in Northern Territory and South Australia will still only be 11:30 in the morning and I know, I think I need an aspirin and a lie down after that. Something I don't need an aspirin. That always clears. My head aches is a mess. You didn't from one of our awesome listeners and Kayleen s message.

Aged in on a couple of things. First of all, on the, the be, my view is ultimately, 80% of the population will be bi, or pan, or obviously those kalin's words, but obviously, it's regardless of label or No Label at all just to add mine in entry restart kalin's. Quote, we need to get rid of biased, social conditioning to achieve that. Yes, I'd agree with that too unbiased the bias or something like that. Kalin's also message into say her Elder is Julie Peters.

Is yep. Julie Peters show review coming up in the next segment K Lane. So yep, stand by for that very hard for me. Not to agree with that even more. So after last night, amazing stuff, kalin's hero helixes, that's a good word. I'll have that. I didn't know that word in activism in plural of gender. Neutral, plural, I presume Martin Luther King.

James Baldwin and William Cooper, who worked intelligent Lee eloquently and effectively under great duress. Well, see, ya certainly. So I'm particularly acknowledging those who were people of color similar, quite amazing. That people can do that, given the sad pervasiveness or degree of pervasiveness of racism around this planet, which hopefully, one day, we'll know better. So, I thought I would play the address. That was delivered.

This week by Alex Alex Greenwich on by just prior to by visibility today in the New South Wales State Parliament. This is the first time I can remember in any the well. Now nine parliament's that used to be ten before Norfolk Island gave in and was ruled by New South Wales that I buy it celebrate by day. Has been discussed in such lengths and I for Commendation for the words in this talk, let's have a little listen to Alex Grant.

Mitch talking about celebrate by day.

The acting speaker September 23 is by plus visibility day an opportunity to recognize and celebrate the unique experiences of by plus people around the world. By plus visibility day honors. The many contributions that fine plus people have made and continue to make to our communities. Y plus is an umbrella term used to describe people who are attracted to more than one gender in any way to any degree the term by plus can include

Isn't limited to bisexual pansexual, polysexual omnisexual queer fluid multi-gender and multi-gender attracted some by plus people use more than one label to describe themselves and some use No Label at all. Although many by plus people live, happy joyous lives. They also experienced High rates of poor health outcomes across a number of areas, Health outcomes are even worse for by plus people who experience additional discrimination from racism transphobia and ableism.

Mm, private lives, three Australia's largest study of lgbtiq people's health and well-being found that nearly one-quarter 22.1% of bisexual people and 1/3 34% of pansexual. People report having experienced homelessness at some stage. Seventy nine, point seven percent of bisexual and eighty eight point. Four percent of pansexual people reported having seriously considered suicide, half of pansexual people and almost

Top of bisexual people had experienced verbal violence from an intimate partner, one-third of pansexual and almost 1/4 of bisexual. People reported that they had experienced physical violence, from an intimate partner for Family, Violence. 53.6 percent of pansexual people and 46.5% of bisexual, people reported having experienced verbal abuse from a family member. Unfortunately, I could continue to list other disparities these shocking.

Health outcomes are not because of who by plus people are but because of ongoing stigma and discrimination by plus people experienced by plus people's experiences are distinct from their gay and lesbian counterparts. Why by plus people can experience homophobia and transphobia. They also experienced biphobia and by plus Erasure, even among the lgbtiq a plus organization Community, a mini by plus people are told that they are not clear enough.

Who did they are actually straight too often by plus, people are told to pick a side that they are greedy or that their sexuality does not exist. These prevailing attitudes are all present in all aspects of life from from the mainstream and from within lgbtiq are plus communities. The research and stories from by plus people are clear by plus people have been left behind, but there is much we can do to turn things around.

New South Wales is the only jurisdiction. Does that does not provide civil protections from discrimination for by plus people why equality bill will provide that protection and any rewrite of anti-discrimination laws will need to include by plus people. All lgbtiq a plus responses and policies need to address by plus people. And their experiences working towards improving their health and well-being, ensuring they feel supported and included.

The lack of awareness and understanding impacts heavily on the health care of by plus people receive creating challenges to getting appropriate and targeted care. Something the New South Wales, lgbti plus Health strategy, 2022 to 2027 recognized naming by plus people. As a priority population, much is still needed to translate this into meaningful change in 2020. Sydney's by Plus network Community needs survey found that the majority of respondents did not feel included in the

U BT, Q, i+ communities and private lives. Three only half of bisexual responses, agreed, or strongly, agreed, that they feel part of the Australian lgbti Community. This emphasizes the need for bypass specific spaces. We know that by plus spaces and services save lives and they should be supported alongside all are they lgbti plus organizations and Community groups? I acknowledge the work of by plus Advocates and activists who keep the by plus people's experience and needs on the agenda, they provide critical Community Support.

Art to help shape the future of by plus people menu by plus Community organizations and Community groups in Australia, like the Sydney by Plus network who I recently met with our volunteer run and have little to no funding. Imagine what they could achieve with New South, Wales government, support by plus people exist. And they need to be affirmed and treated with dignity and respect. I call on all members to join me this by Place visibility day and into the future to improve recognition, inclusion and outcomes for by plus people.

Whoo-hoo by 5. Yes, and thank you. Alex, Greenwich on that one. I'm fully commend that great allyship from from the Alex who identifies, as gay. So we'll call that to be precise. Monosexual. Allyship Caitlin has messaged and again saying I like by Plus. Thank you. Yeah, I agree that by plus sure. We haven't gone with trans plus which your way of getting around trans and gender diverse trans and non-binary but I totally respect everyone.

It could be another option, but the plus is that it has a high. They could be more if by his parents, not quite the level, but you somewhere in there in sort of reasonable terms so to speak. That's a good way of doing it. So yeah, that's why the plus comes in. Why we put it on all of lgbtiq a plus, because there could be more and just make sure that we've included people and if some people feel that, you know, we need something else, we can go for it. So yeah. Great speech there, I will just give

Give the numbers once again, for Q life, including switchboard in Victoria and Tasmania 1-800 1845 to seven rainbow door. One eight hundred seven to nine three six seven, because there was discussion there of biphobic issues, and by discrimination and similar, and where there is disadvantage. And that may have been a little bit difficult, or even largely difficult for some pet of some many people in our communities, but it just is worth. Remembering this town.

By plus people are out there and how important it is that we acknowledge the by, plus needs that are specific. One of which, of course, is that there are many people in one man. One woman relationships, who perhaps feel invisible in a way and where do they connect with by community and that can be doubly. So in will say Regional Rural and remote areas beyond the, I'll call him the eight capital cities of each state and territory in so-called Australia. So lots to consider their again a great

Speech. Well done to Sydney by Plus network for assisting Alex with putting that together. That's what we need. Well done to all involved and yeah, nothing like putting on your by Vis. So to speak. Let's have a track. Now from one of my favorite artists. Colin Hay from when he was

with men at work. This is from the cargo album and well, sometimes we'd like to leave behind parts of our past if there.

Been as enjoyable as you might like this tracks called no sign of yesterday. 3 CR 855 am 3 CR Digital 3, CR dot org dot U 3 CR on demand out of the pan with Sally

3 CR 855 am 3 CR Digital 3, CR dot org dot EU 3 CR on demand out of the pan with Sally first broadcasting noon through one every Sunday afternoon. Thanks for your company. We just heard from Men at Work from their second album cargo and no sign of yesterday, the full Men at work lineup, Colin Hay, on lead vocals and guitars want, strike it on guitars. Greg Ham on sax and keyboards, John Rees on base and Jerry Speiser on drums and just an amazing track minute work remembered for their hits like down under and Overkill with your amazing. But the album tracks, I'm particularly those first two albums. Hello, I'm a big fan of the sometimes forgotten. Third album, two hearts just as amazing and there's a great clip. You can get all of the of no sign of yesterday that Colin Hay did with a whole heap of different musicians. It was a concert that was released a week by week during 2020 and just look for that, if you put it in your search engine Colin Hay, no. Sign of yesterday with another great Troupe of musicians and rest in peace, Greg Ham. Well, sometimes you want to leave behind the past but sometimes you want to end. I think it's important. Perhaps, you need to look at it. Someone did that last night on the last show of the current run of mutton, is the new lamb Julie Peters who was on the show a few weeks ago, just I think just a Victorian Trend and Australian trans Community treasure without any doubt whatsoever. I just I've known Julie long time since I first began to be more my authentic self, way back in 1995 when we only had dial-up internet. Yes, I'm that old seriously.

It's just been phenomenal to have her. She's always just been so grounded and her humility her Poise amazing. She ran for Parliament, which she discusses in this show and she goes all the way back. Now she talks about some very distressing stuff at school in terms of also very poor behavior from certain teachers. Now I'm not going to say anymore. Otherwise I would certainly have to put out a Content note but she's

In about it and how she she managed to resist getting into difficult situations, but others, didn't? She talks about those we've lost in our trans communities and again 1-800 1845, 274 Q life including switchboard one, eight hundred seven two nine three six seven, four rainbow door but she talks about the fun times and the humorous moments and the twisted humor moments and the whole thing.

And I think that for someone to have that authenticity is real real leadership and, you know, I don't want to sound sort of self indulgent, but I really have to say how much Julie Peters are means to me, personally, as an advocate and still there, as I'm going through some challenging times in my life at the moment as well. She really defines lead, you know, sort of defines

The ship, it's not easy. Being a leader in communities that have faced so much negativity. And yet she seems to always be able to do it with a smile, I really admire that and she has stayed down people whose beliefs could be described as gender critical, but stead Downs, my words. I should root draw that. She's dealt with them with poise and M and emotional intelligence, and all of this comes across in

Mutton is the new lamb which, as I said, I saw last night at the wonderful butterfly, butterfly Club, the L, flew away. And what the hell happened? It's gone. Seriously, an amazing show. So if it does come back again for another run, say during Midsummer or Julie decides to Turret Beyond

Melbourne, I just totally totally infinite infinitely indubitably in EM, image of Glee or something like that recommend, you see it? It's poignant.

It's funny. It's all personal, it's authentic and it's powerful and got a well-deserved Ovation at the end. So thank you Julie Peters for your awesomeness. And as ice as Caitlyn said, Elder is Julie Peters yet. Totally agree with that. I think Victoria would not be in a strong position as a trans Community without the leadership of people like Julie and Kaitlin and

And we deserve to give them credit. There is an event coming up. I think it's this Thursday, a launch of a, an Australian trans history down at the pride center with Julie and Kayleen on a panel. And that's certainly well worth seeing, I'll try and get some details on that during the next track. Let's play that next track, which featuring feeling a bit of straw alien today. We've got four Australian tracks,

Out of the five today although Jeff Healey. We can certainly make an exception for someone as talented as him who played guitar in such a unique way with the and sort of like a lap steel approach with a regular guitar with neck. But people who played guitar in the more standard way of Rights in Jimmy Johnny. And someone who said, certainly didn't do vocals in a standard way and certainly didn't have it on stage presence in a standard way, was Peter Garrett and along with Rob her stand on this version, bones Hillman or

Originally Andrew James, and then later, Peter get on base, they put together this track. Okay? And you never, ever, ever want to stand in line. Originally from the head injuries, album his of the live version from the Armistice Day release of 2017. 3 CR 855 am 3 CR Digital 3, CR dot org dot a. You 3 CR on demand out of the pan with Sally

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And Leroy McQueen's new single long way down out now get it and watch for the video clip on YouTube with the fabulous Queenie and you're on 3 CR 855 am 3 CR Digital 3, CR dot org dot a you 3 CR on the mound out of the pan with Sally first broadcasting moving through one every Sunday afternoon. Thanks for your company and we just heard from

Midnight oil from Armistice Day live in 2017 and the track was stand in line. Originally from head injuries, what a good compilation, that is pretty much, some something from everything they've ever done, including a, but also a version of treaty, and as well. So, yeah, a good selection in deed. A good selection is to keep your dial locked on 3 CR.

Our or your Digital radio. Your digital Transat is, you can have an analog train if you like we're diverse that I'm friendly on this program and this station and keep it locked from 1:00 because

today, freedom of species will be speech speaking with on Ondine Sherman, from voiceless, the animal protection Institute. So as always a great Program full of information, as part of the diverse programming that is on 3, CR 855 am Digital 3 CR dot org, dot a you and 3 CR on demand. So good. One to Caroline and all the crew they're putting in another great one. A reminder once again that daylight savings kicks in next weekend. So at about 3:00 a.m. Sunday 2:00 or 3:00 a.m. so next Sunday morning. So you know, adjust your clocks accordingly. And remember too if you choose

In it. What you think is 12:00 next week? You'll miss this show. What is it? And I'm going to have to quote the late, Ernie Carroll, aka Ossie Ostrich. I'm I put my clock forward whatever every year, but it falls off the mantelpiece.

Someone had to do it. Well, lots of things coming up in the community this week that you can get your little papers involved in and choose day website. This afternoon, first and foremost, the, the shed for Trans men is meeting at about 3:00, check out trans Shed, Boys.com politics social at 5 p.m. and by discussion group and the celebrate by month version.

Join about 7:15 online for posts on Facebook, and Twitter for that one fourth Tuesday of every month at this point in time, this week, this week, the 26, and of course, don't forget to get forget or better. Still do. Remember, let's be positive to catch your queer TV on Channel, 31 /, 44, Friday nights with on that station. Thanks to you to community media. So lots of things, what are coming up?

Um, but it gives mentioned too gooey rests, in a couple of weeks, hoping to have will have on the show in a couple of weeks time. The fabulous, Jackie Brady, and they will be talking about their wonderful Fringe show, that's on two weeks time on the 8th of October called God hates me. So it's humorous. You can be religious and enjoy it, I promise. So make sure

You cheat in for that hoping to get a couple of other guests on in the, in the near future to talk intersections of wrestling and queer demand. Also, see if I can track down a copy of that trans history report read it and then get the fabulous No, Arisen on, which would be very awesome as well. So, lots to look forward to. And of course, after its freedom of species at 1:00, you've got rotation, 22 and queering the air at 3:00, I'll take it out today with James Reyne from his Harb Rain album and attract that in this lovely Springtime weather that we've got for the next week. It seems very appropriate. It's called shine on with some great guitar work from James and friends. Thanks for tuning in to out of the pan. I'm Sally Goldner. Catch you next week.

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