

20231224

Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond will throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org Dot au.

3 CR 855 am 3 CR Digital 3. CR dot org dot au 3 CR on demand; Out of the Pan with Sally first broadcasting noon through one every Sunday afternoon, thanks for your company. 3 CR broadcasts from the lands of the Kulin Nations at the overlap of the Bunnerong and Wurundjeri peoples and we pay respects to elders past, present and emerging. Hello to any Aboriginal and or Torres Strait Islander people tuning in and always was always will be Aboriginal land.

Welcome to listeners of all genders including but not limited to ladies and gentlemen, I'm Sally Goldner and this is your last live Out of the Pan for 2023, but we're not waste we're not going to sort of firm slack off or anything. There's still lots of news a happening. I'll introduce my goo est in a minute if you want to get in touch with the show you can do it by all the modern means of communication or relatively modern if we can say 20 years in this fast-moving time of Technology. Out of the pan 855 at gmail.com. SMS 6 1 4 5 6 7 5 1215 tweet and mastodons and blue sky at sell gold said so and look for posts on Facebook my page Sally Goldner and out of the pan 3 CR 855 am Melbourne. And you can snail mail but I'm not sure when I'll get it p.o. Box 1277 Collingwood 3066 remember any opinions on the the show and that I express are strictly my own and talking snail mail. Thanks to wombat for sending in the Christmas postcard. You've got the season scouted wombat. That is an in-joke.

Don't think they'll be anything specifically triggering today. So we'll mention the numbers if and when they're needed. I'm Sally Goldner I use the pronoun she and her it is always awesome to be with you on out of the pan and we've got to be prepared. There's lots of things coming up. Certainly there is of course Midsummer which gets underway on the third Sunday in January with carnival on the 21st and gets us through the pride March season and lots of great Arts and Cultural Events. But also there are lots of things happening throughout January and to I'll introduce my guest first and then go into it to discuss one of those events someone who's I think well known to listeners on all sorts of programs on 3 CR from Freedom Socialist Party and radical women Debbie Brendan Debbie. Welcome to the 3 CR Airwaves. Once again, thank you very much Sally. It is so good to have you with us because you're you know, you have your bringing out an exciting guest to talk in January and will give all the dates and things but our fabulous 3 CR colleague.

Mine and I'm sure you'll do well you're not as technically it's 3 CR person, but you could pretty much closer. So we'll say how fabulous 3 CR colleague Giselle Hannah has recorded an interview with the person you're bringing out. I'm going to play a couple of minutes of it first while we and just sort of sit back and I'll sort of get it rolling to the point. I want to do and pop the microphone off, aren't you Sally still using this getting if the hang of some newfangled technology techonology here, but

To give it a shot and get the context I think and how how I guess whilst has a broad range of things to talk about and you'll hear the interview on 3 CR in due course the full interview, but there's Ella's finally. I started kindly lent us a copy so I can just play a little couple of little Schnitz. Let's go to the first one here for to map two minutes. We're now who is the person you're bringing out here you're going to discuss talk.

About the context of things that are going on in a in the United States of America and the world and if I can click the right buttons pretty it's pretty excellent. Well to begin with now, can you introduce yourself for the Audio I may or may not sure I think he's scheduled for next. Sorry about that. They given more Socialist Party in radical women pressures on the ground or abortion which includes the people kids.

Need more control so that they can keep the profits. Can you talk a little bit about that broader context and then we'll look at Donald Trump and his election campaign. Hmm. I think to add to what you said in terms of the context. That's what I also said in the last response is that the context is the crisis of capitalism, right? That means the ruling class you can say the

Capitalist you can say the the politicians who are in the capitalist pockets, they need more control so that they can keep the profits up. So that means attacks against women that means attacks against trans folks that means attacks against disabled folks attacks to anyone who they can continue to exploit the hell out of and I wanted to speak to the freedom Socialist Party in radical women a bit in our history where the oldest socialist feminist organizations in the US and since our beginnings in the mid-60s. Our program have always been multi-issue and

We fight for the most exploited and oppressed because we know that there is this common enemy of of capitalism. That's also why we talked about the need for Reproductive Justice and not just the right to abortion which includes the people who are also under attack by the alt-right right now.

What is he sexually look like in the u.s. I mean, I completely appreciate and thank you for providing the political context. It's important and necessary. But every day what is what is the experience of living in the United States in relation to pressures on the ground or you know experiencing racial or other vilification and that kind of thing?

Yeah, I think I mean, I think it varies depending on the person the resources. They have the supports that they have but I think there's a general sense of

Beer that's growing and anxiety that's growing and I also the context of the pandemic that we're still not fully quite out of right that there's all these different things that have happened that really have shown people that our lives are pretty precarious right now inflation is so high wages are kept on push down. So I think there is a lot of like fear and intense reactions and that also means often isolation when really what we need to do is come together and be able to fight back.

Recognize that like it's not us as individuals. It's not each other. It's that we have a common enemy that is profit motive and the system doesn't care about us.

And as a political activist who part of your work, no doubt is talking to people and trying to convince people of a different project a socialist project. What's your experience talking to ordinary folks in this wash of misinformation and right-wing ideology. Are you finding that some left-wing ideas can take hold?

I think so. There's been more in the news that it shows like poles of people who are open to the ideas of socialism who are like this isn't working like this hasn't been working for a long time. But we see it very plainly very clearly these days and then I think too about what's happening in

terms of Palestine right now the genocide against Palestinians. I think that gives us the context of what I wanted to talk about for our interview and Palestine is of course a very

It's subject but I wanted to just focus on what I guess was saying Debbie, you're part of Freedom Socialist Party in Australia. You're bringing out our guest tell us first who Our Guest is and what she's about and then we'll let it sort of move into the context of the interview. We just played and thanks to our colleague Giselle handle once again for that sure.

Is a member of both Freedom Socialist Party and radical women? She's the assistant organizer of the freedom Socialist Party in New York City. She's on the fsp National Committee. She has a member of radical women. She is coordinating the national mobilization for Reproductive Justice in New York City, and she's also

A member of the comrades of color caucus which is a leadership body of both the organization's. Yep, which is a great context to put it all in, you know, it talks about her views and diversity comes in through it. Of course, we all know that angle and you know, I love I just thought that you know that couple of minutes that we played there just gave such an overview of what of so many things.

And I think I could easily taking some notes there. You know, there's so many things. You know, we I mean, yes, the general fact the seems to be a divide of wealth and also power or there's least seems to be on Old on the latter one. But also the thing that got forgets forgotten, you know, we are covid we know we don't really want to talk about it was all those two horrible years. We don't want to remember it, but it's still there and oppress and oppressing people and creating greater.

I mean, these are just two things in there to start with but I'm just going to leave throwing open question to you. What were your thoughts on what I had to say in that little one snippet that we heard.

Okay, well alas I wasn't able to hear it. It didn't make out my end, but I'm assuming that she is talking about the general context of the issue that she's coming to talk out here to talk about which is the how the capitalist system is. That's it. Yeah, it's definitely a pressing certain groups of people and

It's effort to well to sort of restore the nuclear family, which is the whole social core for the profit system. So there are for the attacks on so many parts of society and certainly trans and queer people being very much.

Much at the Forefront of those attacks has everything to do with the context that nah was talking about yet know you've hit the nail on the hit there that you know, and that links it so wonderfully into the context of out of the pan show covering the queer and pansexual issues. That's a intro says and the nuclear family was all nice and controlled and neat for people and works. Well.

For marketing purposes and yet doesn't account for the fact that queer relationships other relationships might be different that it assumes everyone wants to be in a I'll use the term a coupled relationship. Some of us are single other people might end up in polyamorous relationships all these sorts of things and you know people get left behind and I think that's particularly relevant for queers. Let's expand on that a bit more. Let's go into more detail. What are your thoughts?

It's on that as how it would relate to people in Rainbow communities. Well.

The traditional nuclear family which we know exactly what it is. So I certainly don't have to characterize it but it's it's terribly exclusive and it's it's actually very oppressive for, you know, straight women who are in, you know, it's relationships either as spouses or as children.

So it's bad enough for them, but it completely forces anyone who does not fit that social quote-unquote Norm. That's been you know, that straitjacket basically that's been set up and so we certainly know how queers and trans people are just consigned to the closet are actually not supposed to exist at all.

And so it's it actually shows the how interconnected the struggles are of trans and queer folk with with women who ever women maybe you can't separate the two. So the oppression of women is so indivisible from the oppression of queer and trans people all because of the role that the

That traditional nuclear family has that Central economic and social role that that family has in the capitalist system. So it's not a surprise that reproductive anything related to reproduction is is kind of a it's the Battleground it becomes the Battleground and the fact that the far right which

Which is you know has become well-organized certainly well bankrolled by big business and very powerful. It's there to again restore what capitalism needs right now because capitalism is in very dire dire crisis. So therefore it goes after anything that impacts reproduction women's any

Women's reproductive choices, but the choices of anybody who can be can be pregnant. So and it's just a wide just wide wide range and I mean I can go into whenever it's appropriate the the broad demands of the national mobilization for Reproductive Justice that that not coordinates in New York because that

That Campaign which was initiated by radical women in the United States when Roe v-- Wade was overturned that campaign addresses all these issues that addresses the issues of Defending trans and queer families guaranteeing gender affirming care IT addresses sexual self-determination for people with disabilities it it demands the stop. Of course.

Relaxation there are just so many Beyond abortion abortion is only one part one aspect of this broad broad battle around reproductive Justice. Yep, not look let definitely talk about that and I really really really loved your words anybody who can be pregnant because we know it's hard enough to get abortion rights thinking when when Society thinks in and I'll be the very deliberate in my words a sister.

Gender hetrosexual Endo sex woman's framework and then with the horrific Supreme Court ruling last year in the u.s. Of Roe versus Wade. It's that set everything back. Now. It's just talking about women's rights and we forget trans men. We forget non-binary people assigned female at Birth we forget there might be issues there. I'm not the last thing I claim to be isn't a detailed expert on people with variation of

It's characteristics, but I'm sure there are some women who have variation of sex characteristics who can carry children, but it might involve some degree of difference and some probably something I need to talk to intersex people about and get them on the show. But this is where

you've just hit this intersection brilliantly and I think that's really important that about how we stand together and now it look as we head into a new year. We like to think things are renewing. How do we renew our hope I suppose it's the other thing in this striving and all the thing other things we need to strive for to get true, you know equality equity and Justice if I can put it that way.

Absolutely, and and this is why we're so excited that not it's going to be out here and it's going to be speaking about this because she's going to be addressing all of this of course, but if we think back to when Roe versus Wade was overturned that there were huge huge rallies.

Already rallies across Australia and certainly in Melbourne. It was just absolutely enormous. It was angry. It was predominantly young people the whole range of young people. And the reason for that is that people here understand that what's playing out in the United States is not just a u.s. Issue people understand that the far right is internationally connected that the assaults are Global and that Australia is hardly immune from it. We only know our own battles here around trans and queer rights and not to mention a lot of other things under the radar such as First Nations women's lack of reproductive autonomy for

And people with disability their lack of autonomy. These are issues here that are there and they need to be fought around. So what's happening in the United States that knowledge is going to be talking about for those of us who will be there listening to her. We're going to be able to translate everything that she is talking about that broad.

Those broader interconnections that connecting of the dots and so on will be able to translate that to what we know is either going on already here, but we can be facing in the very near future because the far right has the exactly the same agenda because capitalism is global system and it's globally in Dire Straits and there's no way that we hear.

Going to be escaping any aspect of those attacks. Yeah. Look I agree with you got me thinking, you know coming up towards 100 years ago. One of my grandparents saw what was happening in Europe with the rise of the far right then and got himself and three siblings out to Australia and it was like, well, that's the other side of the world. But of course that was then we're in an interconnected World both technologically travel Wise It's

Not that anymore. So I totally agree with you that we do have to stand together and whilst you know, and we I think that probably every I would be almost willing to say every listener to this show is aware of the attacks that we're seeing and that it is unfortunately a tough year, but I'm going to take I'm just ask you about one thing. You said that you know, there are lots of young people at the rats the rallies and abortion. I'm just going to I'm going to do a bit of a go on the side road question here, but it just came.

Change right age is not relevant. It's what's in your heart, of course and regardless of your age. You've obviously been striving for a long time and I have two questions for you. Just as the person you are, you know, sort of what got you to, you know, what was your experience that got you involved in Freedom Socialist Party radical women and what keeps you going because I think you know you I just I just I know we've known each other a long time, but I genuinely admire that you and Alison Thorne just keep you know striving on and striving on and how do you how do you do that? What keeps you going? And how do you prevent burnout? I think this is such an important question for those of him of those if in those of us involved in social justice environmental justice, you know, all the things that go to the heart of 3 CR. I'd really like to get your perspective given your your huge experience in at all. Well, I think it goes next to being a

young adult and I think what radicalized me I came here from the United States in my experience in the United States during the 60s. Well that certainly things were roaring then and it had an impact on me. So when I arrived here in Australia was sort of sort of getting immersed.

I think what impacted me here was number one being a young working class woman. I was a teacher. I was very active in the union movement. So my perspective was as a super exploited, you know, young woman worker. But what was also going on at the time was the deaths in custody First Nations people and the whole land rights.

Movement and that had an effect on me as well. Not to mention. Of course that was around. Let me see not long after I arrived here was 1978 and it was the you know the eruption of Stonewall here as well and being out there in the thick of in the thick of it. I was up in Sydney at the time and facing off the Fred Mi types.

And and whatever so all of this stuff came together, you know, it just I always I think couldn't help but have a multi-issue perspective. And so why did I join the freedom Socialist Party and radical women it was because I identified as a socialist as a feminist radical women and the freedom Socialist Party.

Addressed that combination of socialism in feminism in my in my mind but also in my life experience and what they offered as their, you know, their programs their ideas, just just you know clicked totally clicked and I loved the idea and I still do love the idea not the idea but the understanding I should say that the leadership.

And that comes in all of these fights in all of these movements comes from those who are most oppressed always without a doubt and so so it's just embedded in our in our total understanding. So to know the history of struggles before us to know that that women and therefore trans and queer people were once not oppressed that we were

In fact equal equal in society before private property came along to know that is to know what you're fighting for. So what keeps me going. It's knowing that it's the optimism the optimism that comes from it. Yes stuff is stuff things are tough. They're hard. They're exhausting their grueling, but the same time you met

Eat the best people in the struggle. I'm constantly inspired by people who who are there, you know at the at the Forefront of these fights and and I know that we're going to win. I know that we're going to win and that there's more of a sense now, I think of that multi-issue thing that we need each other that we may not personally be affected the

As you know others but that doesn't matter we understand each other struggles because we know the interconnections were out there. We have each other's backs and that unity and that sense of unity is actually building and we're beginning or there's a strong sense that's forming about the need for what we call and radical women and freedom Socialist Party a united front that we need to come together.

We're powerful when we come together when we collect advice, you know, our struggles and our and our know-how and we can we can we can turn things around when we actually do you night. So that's what keeps me going. It's all that and beautiful answer. Thank you. Thank you Debbie. I mean, I felt my heart warm just listening to that. It's and it's given me

Thoughts as I reflect on the end of my year and where I want to head in 2024, that's just been like a proverbial tonic. It's a it's a Melbourne caffeinated dose of social justice. Seriously. Thank you because it's it is, you know, we can all struggle we burn out Neo energetically or we lose faith and I think that's really quite I'm going to say this. I think I can hear that ending up on a 3 CR community service and now it's somewhere somewhere some bits of it.

Let's bring it back though to Nara and you know all the things you've mentioned that just links it in brilliantly how we need to stand together, but it's about how we get people to think. Oh, maybe I can be a part of this because you know, we here we are at this time of year which brings up it stresses both emotionally and financially, you know, if I can link with a little bit of humor to the first song we played The Fabulous Paul Kelly how to make gravy people struggling to buy the money to make

Ingredients to make the gravy at this time of year, but the thing is when you're stuck will say stuck in that struggling to survive. How do you get convince people to be more involved in things such as Freedom Socialist Party, how can we get that message across that this is something that people need to be involved. How do we put that into Sable? Say simple language if I can put that sort of terms so that all sorts of people whether they're Igbtiq A Plus or or they're not whether there.

Aboriginal Torres Strait Islander the First Nations or not, etc. Etc. How do we get more people involved? I think that's something where we don't you know, we're obviously the more the more the merrier, but again, I'd welcome your thoughts from your experience. Well, you know what the times are bringing people.

In to the into the fight in its in this last period alone where we are. We are meeting new people who are saying that they say I've got to do something, you know, the world is going to hell in a handbasket and you know, my own life is getting harder and harder and you know,

Very much along the lines of the pulp Kelly song. And so people are very very painfully aware of what they're going through and how precarious their present and their future actually is so there's a stronger sense of you know, people saying to themselves I've got to do something and so we find that when people reach

At that point and a lot of people are they go looking? Where where can who can I meet up with where should I go and like in radical women and freedom Socialist Party were meeting people who are doing their Google searches, you know with this in mind and they find us and then we work together and people, you know are joining and it's actually quite

Fighting to see this happened. So it's some I think how do we get people involved? Well, people want to be involved number one there, you know at that point and it's a matter of finding each other finding each other and making it clear to each and every person who is coming in to this into the fight.

Very clear that we're all needed. Every single person is needed and and that we are incredibly powerful when we actually join our forces. So I think that it's no surprise that the numbers are swelling.

That you go to a rally these days and you can barely move. I mean that is a good sign. Yeah, and so it's it's that thing of what do you what's the same when the tough when the when things

get tough the tough get going? Yeah when the going and that's yeah, that's right. Thank you. So that's what that's what we're that's now that describes now because it's happening.

Yep, I think it is. Well, let's come. Well not quite now but at around four weeks time, let's bring it back close the loop and come back onto the main road and all those cliches. I'm in four weeks time the person who we heard earlier in the show will be in on this bigger be island and sort of let's come back to that. You know, we've sort of got I think I think it's all just the threads all come the roads all come together perfectly here now is coming out here.

Here how do people see communicate connect? So to speak what they need to do to be involved in that little way and that could be the start of their journey to Greater involvement. Sort of let's get those details onto the record so to speak sure. Well, actually, I think it's two weeks. Isn't it time is flying that quick Saturday, January 6. Oh, what's that? Oh my goodness.

Oh, I'm losing track of time. Just had time of year. Oh, that's exactly what happens in the only reason I know is that I'm coordinating the event. So I'm quite close enough. So yeah, it's going to be Saturday the 6th of January. It's going to be 4 p.m. At Thorn Harbor Health at 200 huddle straight and the the event that were holding its co-host.

It by radical women and the freedom Socialist Party and the title of it is the battle for Reproductive Justice in the u.s. New Yorker knob we speaks and it's it's definitely the event to come to our proposal the question you were asking earlier Sally because that is going to be the chance for people to

To be able to come and not only here nah, but to be part of that discussion that follows and to meet other people and to get involved because that battle for Reproductive Justice which is a huge broad battle involving, you know, most of us is is on the cards and something not said in her interview with Giselle Hannah was that while there are the direct battles on abortion rights and other aspects of Reproductive Rights what's going on at exactly the same time his attacks on the lgbtiq a plus Community such as you know book Banning and so on and we can see it too. It may not be seen to be directly related to Reproductive Rights. But the point is that these attacks

Are are connected. It's a full-on attack to draw Society into line to draw women into line to draw queers and trans people into line because the profit system needs us back in the home or the closet where it feels we belong and

That's why we've got, you know, we've got to be ready for those attacks and end our isolation any of us who feel isolated and join with others and the best thing is to be part of an organization and I think people will feel people coming along will feel very inspired to join radical women or the freedom Socialist Party after hearing Na and being part of that discussion. Well, I think so I think so, too.

And you know, I'm having had to listen to a sneak preview to all of that interview. It's amazing and I think that it's just now sort of very it is uplifting and I'm going to say I think they will be inspired by what you had to say as well Debbie as I have been for a very long time. Thank you. And unless there's anything else to cover. I think we've got it covered. Well, yeah, we covered a lot of ground there Sally.

As we always do as we always do Debbie I'll leave you to make gravy or gingerbread people or something for this time of year. I really appreciate you coming on at this time of year and



spending so much time and just thank you for all your energy and effort over the years. I know when I come to radical women Freedom Socialist Party event. I get a sense of connection and energy and inspiration and it makes a big difference and look just have a safe season and a happy.

On GitHub do hope you get some relaxation for a little while and we'll well to use my phrase of the moment. We'll be back with more in 24. Absolutely and the same to you Sally and to all the listeners and I'm ready to hit the ground running with with all of you. All right, then. Let's do it on your marks Let's Get Set. Let's put a thing, but we'll hold the gun until 0.1 second after New Year's Eve. Yes go well Debbie have a great season and catch you soon. Bye. Thank you Sally. Bye. Bye.

They're all Debbie Brennan. I'm talking about the upcoming visit of now Bowie to this big big island as I like to call us and thanks once again to Jiselle Hanna for providing the interview so we could play a little snippet there Yours Truly still getting used to some new technology and some changing one's mind, but we got there as I said musically, we opened up the show with Paul Kelly how to make gravy the classic single and I still have the original single on I one of those on one of the small metal CDs as opposed to the big vinyl ones. Here's a track that I originally bought on a big vinyl CD and I'm now playing on the metal CD another Australian Christmas one. I can't relate to snow at this time of year. Love aour northern hemisphere listeners. If you are out there listening on 3 CR dot org dot a you and if you're getting 855 am in Melbourne on want to know what radio you've got, but let's have a listen to Dave steel and he talks about this time of year.

And straya as it's sometimes called and attract called the hardest part 3 CR 855 am 3 CR Digital 3. CR dot org dot U 3 CR on demand out of the pan with Sally

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Accent women it seems so obvious to me that if you live in a completely violent cultural manure that is going to translate into every aspect of women's lives accent women. What's up board? I didn't see it like a big ol write a longer how to calculate ordinary lives when they're living in such an extraordinary situation where there are two whether armies there and terrorists and such conflict every single day of their lives accent women a show by and about

And from culturally and linguistically diverse backgrounds all Community radio 3 CR

3 CR here to stay that is US 3 CR. This is particular program is out of the pan a show covering pansexual issues knowing no boundaries of sex or gender and sex characteristics. I suppose also that is not directly after effect of effect for me Sally Gardner your host. Just about to wrap it up for 2024. I'm heading off on Holly 0 days. I'll be back in February this stage.

The second or third week of February tt be a as they say and the music we had today. We had a once again we opened up with the classic Paul Kelly how to make gravy we had Dave steal from 1989 bitter Street the hardest part and then we had a classic track which I know doesn't fit

the Christmas theme, but I've wanted to play for a few weeks at so I think just a beautiful environmental song, which I know the shows that usually surround out of the pan when we were in full.

The seasonal Swing Out of the Blue from 11:30 to noon and freedom of species from 1:59. I think would appreciate and also mother earth and its energies can provide for me. I'm going to have some relaxing energies over a few weeks. Also all of that leads into just in the words Immortal words of Ozzy ostrich. It's nice to say, thank you, and I want to say thank you to lots of people to friends who have got me through tougher times this year. Thank

You two obviously do listeners of out of the pan who chip in and come up with their thoughts and queries about things. We thank you and to all the staff 3 CR here. It's just I'd say this also often but I'm continually in happy amazement at you know, six people not six effective full-time who are just so supportive of all the volunteers here at 3 CR.

Both in our volunteering roles and as people and when it gets all a bit tough, there's three other couple of other groups of people. I'd like to thank this year and that's Rebel theater company for getting me involved in Wake an amazing performance infringe one of the highlights of my year, but I think no surprise and I've managed to catch hip this. Wow. The betting pool will be in shock 54 minutes and forty something s thank you to everyone in the world of wrestling.

You're in Melbourne and some extent Australia in the world this year. You've turned my life around. I'm back up off the canvas and will be coming off the top rope next year. Just yeah, thanks. Once again to relate the school of pro wrestling Mayhem Pro for giving me a new lease on life and I'll be hopefully carrying that across all of my life in 2024 in my best ring announcer voice will be back with more in 24. Yeah. It's been a very interesting year a year.

Of ups and downs and contrasts. I just say to everyone at this time of you stay safe in every way stay safe around water. Whether it's a pool like Rica beach and ocean beach a Bay Beach whatever look out for those who you're in charge of if you're a parent or Guardian in charge of younger children or whoever look out. If you're in the bush be very very careful for all Road users, whether you're pedestrian cyclist motorists of whatever sort tram drivers bus drivers.

Truck drivers play it safe out there whether you're parting play it safe and be happy and just make sure you have the end of year that you want it. You know, it's just it has been a tough year economically socially we know that I agree with what our fabulous guest Debbie Brendan said today, but it's can be. All right. I'll take it out for the year with Colin Buchanan's version of jingle bells and lost another a strayan version just to get us through to the end of the year. Thanks for tuning in to out of the pan in 2023. I'm Sally Goldner catcher next year.

Trans family is a not-for-profit organization providing a peer support group for loved ones including parents siblings extended family and friends of the trans and gender diverse person trans family runs discussion groups in person and online. We offer a safe space to share your experiences ask any questions regarding your situation, provide peer support we are especially Keen to hear from loved ones in Regional and Rural Victoria donations to trans family are tax deductible for more information. Visit trans family dot org dot a you or look for us on Facebook trans family is a 3 CR supporter

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