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Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond will throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au.

3 CR 855 am 3 CR Digital 3 CR dot org, dot AU 3 CR on demand Out of the pan with Sally first broadcasting noon through every Sunday afternoon; thanks for your company. 3 CR broadcasts from the lands of the Kulin Nations, and we pay respects to elders past present, and emerging. Hello to any Aboriginal Torres Strait Islander First Nations people tuning in, from whichever land. you are on and we acknowledge that all the lands were stolen and never ceded.

My name is Sally Goldner. I am the host of out of the pan a show as we like to say covering pansexual issues knowing no boundaries of sex agenda or possibly musical genre. There's lots of ways to get in touch with the show, you can do so on out of the pan 855 at gmail.com, you can SMS 6145751215,

On Twitter, Mastodon Bluesky and Instagram at salgoldsaidso and Facebook my page Sally Goldner and Out of the pan 3 CR 855 am Melbourne and remember any opinions that I express on the show are strictly my own. You can also snail mail, PO Box 1277 Collingwood 3066. Thanks to the crew from out of the blue diving deep for the marine news as they do every Sunday from 11:30 through till noon. Well done to Tessa. Welcome to the 3 CR family first show and smooth as silk, there you go.

And we opened up today with Eddie Mabo and from Neil Murray's album, The Wondering Kind from way back in the 90s hoping to get on the Air wave. Soon, guests from Asia Topas production, which is the fabulous show Sanika, and hopefully chatting soon about that just getting the zooms zooming in, of course, lots of news that has been going on over the summer and all sorts of things that we can't really avoid at the moment. Last cup, two weeks ago, I should say we each I chatted about the issues of police and Pride March, thanks for your feedback on that.

And well, there's still all sorts of other things going on in the world as well, that we need to catch up on mentioned at the State political level, two weeks ago. That, you know, we've had a change of opposition leader but doesn't seem to be wanting to engage in too many culture wars. Unlike Peter Dutton has been putting toes in those murky waters at a federal level but of course, two weeks ago, we had the two by elections with massive swings against labor and it just seems like the what has been the traditional political setup of things with labor, having safe seats in certain places has gone. Now, obviously people are hurting economically but who they're actually swinging to is another question.

And there's been some interesting analysis of long-term. Voting trends that I was reading about during the week and that say, that whilst younger voters younger female voters or younger women voters are more progressive than men, you know, sort of a more progressive that younger male voters are moving slowly to be progressive. So they're not necessarily more conservative that just not moving as fast, which is different to saying the conservative. Now that's in Australia. And so be my just saying I don't think it's going to be you. I'm not a pollster by any means, but I don't think there's going to be any uniform swings anywhere. I think it's going to be bits and pieces around States and territories Suburban in a Suburban. Outer Suburban Regional rural

Roving reporter has messaged in. Hey roving, good to have you with with us on this. Well balmy Sunday. The Cool Change is creeping its way up the coast between what is now known as July long. And

And the Melbourne CBD and the it's getting there and it's not far from the CBD now. But still very steamy updates on the upcoming election know. Just having a quick look at two new sites. I haven't seen anything. I mean, of course, there's been speculation for a week or so. Now, since about when the date is going to be called and talked of the after the interest rate,

Although, there's also debates as to whether the interest rate cut will be sort of enough to boost the federal labor party. I don't know if that would be, you know, if that's the case where the people are hurting too much, but no nothing on the major Australian news sites at this time. So,

Well, sort of, I'll keep you in tune with that. So, to speak, as we go on throughout the show and see if anything comes through the one of the late dates that the election could be held, is May 17th. It's been tipped as a possible, which, of course, is Idaho bit day, which would be very interesting from a point of view of LGBTIQ+ communities, as to how people might campaign for that so, we'll keep an eye on it, but no nothing going on. Their writings also come in and asked about hear about the new gay far-right leader in Germany, who's gained popularity, I hadn't heard of that. And I always struggle to reconcile this, that, you know, to some extent that how a group that was marginalized can end up.

Up on the far right but I suppose well masculinity and to some extent, toxic masculinity can affect gay males, as well as heterosexual / / straight ones. I'm not so sure about by plus males, hopefully have on the line soon. Some guests from the bike by section by + sexual health, and HIV study to have a chat as well today about their study. And what going on down there but I do remember the Dutch gay rights. Well, sorry Dutch far right person who is gay in an in the 2000s. And so, I mean, that was to some extent before it's fair to say the rise of the far, right? That we've seen in the last will say five to ten years and the and it's somewhat bewildering

I stand corrected here, that the person you've just messaged me about Alice Weid, or is a far-right AfD. First Chancellor candidate, you know, sort of an unlikely public face for a male-dominated, emigre immigration departing party. According to this Reuters article that depicts itself as a defender of traditional family values. And Greek people raising two sons with the Sri Lankan woman and fling speaks fluent English and Mandarin having a doctorate in economics in China. So wow that's quite amazing that someone could do that but it just it just I know I just find this as I say, very sometimes I struggle with the compatibility of people of people

Sort of, you know, sort of joining these parties. Does it sort of lend as this article says, a veneer of well-heeled liberal respectability to a party that is suspected by authorities as being anti-democratic, and it just seems, you know, sort of is she well, pop it or a Muppet or something. Who knows? I admit I'm not

Up with German politics and sort of, you know, she talks about some of her experiences which certainly could have been considered Miss on the receiving end of misogyny is MM, but she, well I'm going to say content note. He this article while not in quote marks says she had uncomfortable encounters with Middle East and in

Migrants living in social housing. Don't really see what's. So, what the UND doesn't really say anymore, but, quite bewildering. So yeah I'm going to just have a brief breather and play track from Hunters & collectors and we'll come back and have some more discussion about things going on in the world before shortly. In the program will get to our guests 3 CR 855 am 3 CR Digital 3, CR dot org dot a. You 3 CR and demand out of the pan with Sally.

Bisexual Alliance Victoria is a not-for-profit organization dedicated to equality and justice for multi-gender attracted. People, including by pan, regardless of label or No Label at all, their partners and allies bisexual Alliance runs discussion groups in person and online, the group offers, a safe and fun space to share your experiences. Ask any questions regarding your sexual identity and provide peer support. Bisexual Alliance is especially Keen to hear from multi-gender attracted people in Regional and Rural Victoria donations of two dollars or more to bisexual. Alliance are now tax deductible for more information. Visit our website at by hyphen Alliance dot-org email, info at by hyphen Alliance dot org or find us on Facebook or Twitter and 3 CR supporter.

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3 CR has always happens Just after I decided to turn the mic button on 3. CR 855 am 3 CR Digital 3, CR dot org dot IU 3 CR on demand out of the pan with Sally first broadcasting known through one every Sunday afternoon. Thanks for your company. 3, CR broadcast, as I say, from the lands of the coolant Nations, and we pay respects to Elder's past present and emerging and well

Are we touching on world the rise of the right wing? And I haven't you know, having only one show thus far this year since the wealthy swearing-in of mr. I'm just going to call him mr. 4547. And I will say, I suppose content note there. It's very hard to avoid the issues that are going on. I don't want to go into detail, obviously, content note for mention of that person, and trans phobia and all those sorts of things and it's like the policies that have all the executive orders that have been announced from a point of view of trans queer and diversity in varying degrees are obviously well to put it mildly, you know, extremely distressing for many people and I don't really see any point in repeating them. There's plenty of

New sources that are doing that or you find out what they're about. I think the thing that I'd rather come concentrate on on this show is how we can possibly, you know, try to look after ourselves in trans communities and if we can, and I have to say, if we can know, if we can do something about it and I think the first thing is you have to do self care. I mean, if it is distressing the

And be careful. I'm going to sign your usage of Internet, social media, mainstream media. I know, I have to be quite honest that I will brace myself in the morning before I look at the Morning News. He bulletins that I get from various sources and won't just weighed in so that I don't get a sudden. Well, I don't know if the words shock or surprise a, right? But this sort of jolt of oh gosh, what now,

Whether it's trans, queer diversity anything else. And I think we have to do that. So make sure that you're in a space to be able to deal with social media. And there is debate about, you know, going off certain platforms that are not doing fact, checking and all the rest. And look, my algorithms seemed to work carefully that most of the stuff that comes up in my general, Newsfeed leaving aside the stupid ads.

Well, he's stuff that works for me. In sort of that keeps me put some little bits of uplift and joy in humor into my life, bad puns. If you like which of course I will not repeat on here. That would really need a Content warning, sounds very cheesy but I only stumbled onto the cartoon that's been in newspapers around the world.

World for use which is now going all over social media as well. Pickles about to grandparents their daughter, grandson dog, and cat which is light and fluffy, but we need a bit of light and fluffy. If we're dealing with challenging things and well, 23 minutes and 45 seconds in pro wrestling, seems to come up a lot in my feet as well on my very both. My say personal social media channels, which are the ones that get mentioned on this show. And the

I have for my wrestling character which is overwhelmingly wrestling surprise, surprise. So I think you've got to do things look after yourself and whether whatever the other things are, go for a walk. Whatever else, etc, etc, exercise night nature. Whatever works is really important and roving come in with happy news. And look I agree Kylie Minogue amazing in Melbourne these three nights a lot of our community in the audience to she brings light and happiness with her music.

Eric is our best brand for Australia. She's a strong Ally too. Yeah, look, you know, that's what as I say, it's whatever works for, I have nothing against Kylie, Minogue, or her music. It's just not my preference as stuff. Long-suffering listeners of this show will know the tens more to rock and guitar bass, drums, type of music and music of both the binary codes country and western and non-binary Bluegrass. But seriously I mean I agree and look my housemate went on Friday night roving.

And I haven't had a chance to chat with her in depth, but she said it was awesome sauce. Awesome. So I agree with that. I'm only hearing rave reviews, she does put on an amazing show. She is an amazing performer. Whether her genre of music or whatever is your thing she ever done country. Maybe she has. I don't know. But seriously the you know I think you do have to do these things. Now if

If you are wanting to try to do something about the things that you see that are bothering. You I just read a good article that said that one of the things that these sorts of right-wing types will do is deliberately Swamp People. And I think that's a fair comment that that's what people will could do. So you know, it's much as everything is bought is bothersome there, a common threads that something you've got to try to pick.

Maybe two or three things to focus on otherwise, you could run into the risk of overwhelm. That was a good tip. So, you know, know your own self care. And I think, particularly for lots of neurodivergent people overwhelm sensory, overload, that sort of thing can come into it, so make sure you do that. You know, be careful. One of my trance friend of mine in this country seem, there are some people who want to take on the pit, The View.

Use the people with the views held by people. I mean, very deliberate in my words, there that we, I think most listeners to this show would call anti transfer example, and good luck to them now. I appreciate their efforts. I'm not really sure what it's going to directly achieve. Of course, you're not going to change the views of people views when people Holdridge in inverted, commas rigidly and double inverted commas, opposing lie, close all the inverted commas rigidly opposing views,

Um, but on the other hand, if someone sees it and has a rethink and goes I hadn't considered that prep aspect, they might tone down, change their views, to choose to change their views, tone them down, become an ally that. So the thing, but I think as I say, you've got to look after yourself in these times, it is upsetting, you know, I was reading a post yesterday from, in my opinion, the best queer legal bloggers in Australia alasdair Lori, who

Sing For the First Time as existing to gay man. He's feeling somewhat afraid and I think it's that sort of honesty and vulnerability that we need to talk about. You know, look, I'm personally, I suppose, you know, touchwood going. All right. I'm not saying I go Here, There and Everywhere, and one has to be careful. But thankfully, the circles that I'm mixing which are not will say, I'll use the term. I vote over.

Lee queer. But seem to have lots of queer and diverse and creative people in them, generally a fine and I think it's about doing what you can and I think another tip that I'm finding that works for me is where you can put your. I know maybe this might sound a bit new way of esoteric. What if what is it? New age. Sorry not new wife. That was a musical. Genre mixing things up there, but you know, put what positive energy can intimidate.

Well, even if it's not advocacy, whether you smile at someone, you know, whether you do what you want to do, in my case, do stuff in wrestling, or whatever, you know, that, you know, sort of, you know, those sorts of things are important. Ravings. Coming again. Thank you roving. The only people wanted to perform for mr. 4547 a from country music,

Isaac, does it attract right-wing people now? Because because of that, conservatism, look necessarily, I mean, you know, the late great Kinky Friedman, you'd call Country the chicks, you know, sort of, would be considered more Progressive. So I think there's a range of people in a range of genres. Interesting thing happened at an event. I was at where there was a band on before a wrestling show and someone had a

Pro-trump t-shirt on one of the Bands while they were doing their sound check, one of the musicians, sorry, and it seemed to come off, sort of, by the time he did the gig. Now whether he was told, whether he chose to do that, who knows? But it wasn't in my opinion, the sort of place to have that sort of shirt but it is, you know, and that's metal, which I'm not sure, I don't know, I don't know. I can't say I know a lot about the fans of

A little the sociology there in. So, not really sure on that one roving. But yeah, it just this General, it's a shift to the right. And a shift to Distortion and is my particular nirodha vergence, the highly sensitive person. There's a great meme about this things. We like things, we don't like a number four on the don't like things is well tonight, letter word. That means nonsense or translated the be cow manure, just change the gender there and you'll

Get what I mean? And yeah, I struggle with all the well, the bullshit that has been put out there and it is difficult not to get overwhelmed by it, but I'm not sure if any musical genre is more conservative than the other. All right? I'm going to stop well, waffling away and let's get one of our, I'll get one of our guests. If I can get one of our guests on the line. In the meantime, let's have

Appropriate song for one of our special guest today and he's peed in James getting by 3. CR 855 am 3 CR Digital 3 CR dot-org W 3 CR and demand out of the pan with Sally.

3 CR 855 am 3 CR Digital 3, CR dot org, dot, Tau 3 CR on demand out of the pan with Sally first broadcasting noon 31, every Sunday afternoon. Thanks for your company and we just heard from Peter and James with their. Well I'll call it the by anthem of this show getting by. And that's an approach. An appropriately logical Link in

For the guests that are coming onto the line because the New South Wales, Kirby Institute is having a national survey on the sexual health and HIV needs of by plus people in so-called Australia. And I'm joined first on the line by Steve Spencer. Steve welcome to 3 CR.

Thank you so much for having us at so good to see you. So good to have your listeners come and hear about some amazing work. We're doing at the Kirby Institute. Absolutely. Yeah. And you're up on gadigal lands at the moment and it's okay. So it's okay to ask, can I ask which pronouns you use? If any? Yes, I use he/him pronouns and I am very

Fiercely protective Lee and proudly a bisexual man. Yeah, he felt fiercely and proudly protectively and all that sort of thing. And we need to we need to protect and we'll say, enhance, the sexual health and well-being of what all people. But I suppose, the thing that start what one way to dive into this conversation is what was the was there? Anything that sort of began to well go on?

Awful sorry. / put a light bulb on that says we needed a by plus specific survey of sexual health and HIV need Steve. Well, I started off in that HIV sector in HIV advocacy and trying to advocate for by plus people by plus being the umbrella term for all multi-gender attracted people. We there's there's no data there are bits and Bobs, you find them. You find data from the

Gay community periodic survey. You find it from other places. There has never been a study on the sexual health of by plus people in Australia. So this is the first ever study on the bisexual or by on the sexual health and HIV is of bisexual people. So that's a pretty good reason for us to get started and because, you know, I can do as much advocating as I want, I can knock on doors, I can ask for funding, but you need that evidence base and we are finally building that evidence-based and I was really

Inspired. Well, we were really inspired by the incredible work that the trans Community, the transgender diverse Community could in a number of years ago in building up this evidence base. And then we've seen just incredible allocation of resources still a long way to go. And we're hoping that through this will be able to change policy, will be able to get funding. Allocated, will be able to change the lives, by plus people because by plus people in Australia face, some of the worst Social and Health outcomes within the Lgbtq+ Community. Well, sadly, that is the case and there's been that sort of. I mean, there's a starting point. I mean, there has been that sort of will say, general research on the lives, generally, of, by plus people, the 2009-10 study. It's one that leaps out in from an Australian perspective. And I never found out exactly what happened with all the information from that. Because I think it was Split in Two by P sis by

Table and then Trends such gender diverse by people. But yeah, those sort of outcomes on health because of the sort of copying it from both sides and you don't fit the broader Community, don't fit the queer Community, which of course you can figure anywhere you like. And I'm content, note, the by women in particular being more prone to intimate, partner violence, those sorts of things are there. But this now drills into a particular area which is really

We really welcome. So yeah, it is really important, of course, that, that we do it, we sort of tell it, tell us more about it. I mean, just to be clear, we should arm clarify who the survey is for specific just to be as well as the by plus angle. So I'll give you a little a little bit of a low down on the best study. Also, I love that name Bish. Yeah, we were brainstorming names.

We were like 50 + Sexual Health HIV. Wait, that's a Bish. So Caitlin good algorithm. Now we love a good a Curative and so the bitch study is run from the Kirby Institute at the University of New South Wales and important note of your listeners is that it closes on the 28th of February. So we still have a few days for people to complete it. You can complete the survey. If you are over the age of 18 living in Australia and you identify as multi-gender,

Added and the survey. It's a little bit of a long one. It can take up to between 20 and 40 minutes to complete but that hasn't stopped thousands of people completing it which has been absolutely incredible. It's just a Real Testament to show that by plus people want their voices heard, because we've actually never been asked these questions before. We have literally never been asked these Quinn are, or we ask questions, about sexual identity, sexual behavior, relationships, sexual health,

Sti HIV testing. We also go into other aspects, like relationships, alcohol and drug, use sexual, violence and coercion mental health. We actually take a really broad ballistic view of what sexual health is. It's more than just a, you know, I keep on saying it's more than a sexual health study, it's going to be a revolution. Yeah, no, absolutely because the thing is, well, I mean this lie, I suppose links back. I mean sadly, we have had, I'll say bye and visibility which I sometimes feel is the slightly.

Lee less intense part of it. And then there's by a razor and lateral hostilities yet. Of course. Now finally, what we might have always logically thought as there is more positivity for by plus people is that buyers, the biggest sexual area under orientation under the rainbow which is said, oh we've got a kaleidoscope if we've got a kaleidoscope or a spectrum or whatever you want to call it going from 100% hetero zero gay. Lesbians all doesn't even through the vice versa.

Why there's got to be some people in more than buying that's another myth. Of course, the 50/50 by thing comes into it as well which of course is very binary and ignores our non-binary, a gender type of folk. So it's like this is so welcome that there is that this is happening at last the just one thing that I better clear my hand where has it, been research overseas of this nature out Beyond

So called Australia to your knowledge, not to this degree. This is also going to be very Global leading, it's also Global leading and that we it has been, it has been co-created with the by plus community. So most of the research team by plus themselves which is incredible. We managed to find the most incredible by plus brains. We're building their capacity and they're contributing to the team. We have a

Community advisory Council made up of 5 plus people from all parts of Australia bringing in their knowledge, bringing in their their expertise as community members. And we sort of get the, we get to, you know, hash ideas out with them and make sure that what we are presenting to the community is something that the community wants. And so the feedback that I get from people, when they fill this out, is that they have never filled out a survey that has made them feel so,

So scene and that has been so diverse. And that has been so accepting of everyone. Because we know that the bi plus Community due to the exclusion where face the aerator, where face the feelings of being different to both the mainstream and the queer Community. We have developed this beautiful little, the world of acceptance. And this survey is a part of that. We really got went to great efforts to make sure everyone felt included and

Yeah. That's that's something I'm really proud of the study. Yeah, well look therein lies a point. I mean, you know, of course, by people are have all the intersections so to speak with absolutely speeds of each trans, and gender diverse, which mentioned, and Multicultural, background race, and similar Euro, Divergence disability and all those sorts of things and, you know, sort of, you know, sort of let's say,

Say how does that work into the, the survey as well as those sorts of aspects? Yeah, exactly. And you know, it's the sexual health, especially and the HIV Health Care needs of by plus people just really. It's been overlooked. Yeah, because we sort of we've seen historically that the, you know, the queer Health sector will try and handball. Some of that some of the community off. Because, you know what, if you're a bi plus person in a different gender relationship, how are you?

By the system and we are trying to encourage the system to view by people are by regardless and we face no matter what our relationship looks like. Whether we are in one or not, we have very unique needs and we need services that cater to those needs, and we currently don't have those. So we're really hoping that there will be real change. Real policy, change changes on the ground. We're going to be knocking on so many doors. We are going to be annoying as hell when the results of this coming out and create some positive.

Change for the by Place Community. Absolutely. Yes. Do some binary busting of doors. Bang them down. We like that. How are you? I mean, the survey is nearing the end and I'm glad I've managed to get you an even if it is five days or so before the survey closes. But how have you been going for responses, you know, has there been any a buyer by flood so to speak by Street? Yeah, I I don't think I'm able to say but let's just say I am when we got our last update, I cried because knowing how long, it's knowing how much it's taken about five years to put this together. It's taken building coalitions. It's taken changing hearts and Minds because this is something that, you know, I've been here since day one, working on it. And when I heard the number that we've got, I just broke down in tears because it's people have been so generous with their time by place.

People are most generous people, and we wanted everyone to know that their voice will be heard and we will run with it. Yep. Well, look, I'll go five days. Five days. Please, everyone, please. I Guys Without. Yep, big fish study.com. A big by finish. You know, if, if you are 18 years over living in Australia, I should have asked, what if your app apps an Australian citizen living overseas? There's a, there's a wrinkle for you. Oh,

Well then who has been to be with us? Professor been Bevington. It has would have that answer. I don't II would all the criteria are written out very clearly at the commencement of the survey. So I if you have any questions go to Bish study.com. Yeah. Begin the survey and you'll be able to have a look and it'll tell you whether you're able to complete or not fantastic. Yeah look it is very, very much.

Added, you know, sort of, and the broad-ranging, this of it. It's as I said, you know, covering things like, you know, difficult topics, sexual violence and coercion mental, health discrimination, but but also positives, like social networks is just so, so important and and, you know, we just need it so much. Yeah, the thing is you've been in

Syria as you say you've been working on this survey for five years. But I mean if it's okay, I'd love to hear more about all the things you've been involved in in the by plus and where relevant to other parts of queer communities. Because you've been involved for some time. And I think it's important that we acknowledge that and hear about the things that have been going on. Yeah, little old me, I think, I think, you know, so I'm a co-investigator on This research study and so

When we meet, I'm surrounded by professors and doctors and I have no title, I have just been a Community member that has been raised by a village of other by plus people who want to see a better world. And they bestowed that on me a long time ago. And so I've always really in, no matter where I've gone in my career or with an advocacy. It's so I just want, what's best for our community. But you know, I'm going to do a little plug. I do. I have my own pee.

Cast, all right. Coach - Chad buddy here, it's called give it to me by and new episodes out every week, and you can check that out on Spotify or apple podcasts. But, I also something very proud. I'm very proud of. I'm the co convener of you're going to, you're going to love this one selling. Okay, you're going to love this. I started a national network of hiv-positive by plus people that's under the auspices of our national HIV body called the by plus positive advocacy Network shortened to buy pan. Ah ha ha ha. Oh good. All that. Is that is acronym that's been the early running for acronym of the year and we're barely a sixth of the way through the year. I love it. I'd was it. That was a won a game get reach out of bed like oh my God by Pandit works and so I'm with that this is the that was that's the world's first ever National the

All organization representing hiv-positive by plus people because we wherever you look, whether it's mental health or there's HIV, whether it's Sexual Health everywhere. We look, there just no specific services and especially when it, you know the as a bind man myself we are so often throwing in the MSN men who have sex with men bracket, we are not acknowledged as multi-gender attracted. We are an services that are catered for gay. Men only, you know, when I was diagnosed with HIV, I am a person living with HIV myself. I, you know, the, the, the workshops everything that I went to just did not speak to me, they spoke to Part of Me for sure but you know the it just ignored the fact that I am not a gay man and I'm really, really, really fought. And the research that will come out of bishh will help will help change that.

Well well absolutely yeah yeah not look I mean it's just it's just too huge and now look it would be remiss of me not to ask given that you are up on gadigal lens where you at Fede in the last, you know, few days or so. How is that? How I was? Yes, I was Sally. Have you have you been to fair? Do I have nothing to a fair day? You know.

Of always being down here. Of course, we've got the rough equivalent that is Midsummer Carnival but I've never been to a fair day.

So fair day. Yeah, it's 100,000 people in a park. So, awesome. Stalls love, seeing all of the community stores. Love seeing all the little shops and I managed to go and help out a very, very briefly with the Sydney by plus networks. Yay. So we we love SVN. Shout out he hand and you know the Outreach that happens. There is just incredible especially a lot of

Plus people at boss blooded by plus families, go along to fair day, that's because it's a family friendly event. It's often one of the only places that by plus people who say in different gender relationships or with families, it's the, their biggest event. And so it's really, really awesome to see them go there. But I left at about 5:30 p.m. when people were sort of rolling down the hill after a few too many vodka sodas. So that's when I scooted on out of there. Yeah, I was once one of the ones rolling down.

The hill. Yeah, well look kind of possibly been there done that. But yes, similar it. It's so McConnell. And it was down here. Don't want to be too steamy down here as well. Not look, I'm of course you are. Of course, in Mardi Gras season up in Sydney. And that's all you know, which is of course the big time of year. And, you know, it's like I think we, the more visibility visibility bility we can get the better it is. And so coming back to this survey, this will obviously, obviously help with that and he's just, you know, so needed. So, it's incredibly welcome. Yeah, let's just get the, the link again for people to go get hopping to the survey as well. Let's make sure we put it on, are orderly and I'll make sure it goes into the link for the podcast as well.

Fantastic. So that's Bish study.com and that's Bish with two h's be. Ishh Beach that almost like a by persons being too loud to going by but we can be quietly huh? Yes no we're not we're not going to be shut down and let me know how much say she say yes, definitely. We're going to speak up and I'm just, I'm, I'm I'm really on, you know, I just I was so moved that the number of respondents

It's in a nice way. I moved that. You met. You, you were moved and you cry. Yeah, because you know, someone who has been through the buyer Asia and lateral hostility, it is, you know, I think there is a



sense for me in that of release and healing that this sort of response is now happening. And you know, we, you know, I getting this sort of sense of connection. So yeah, just incredibly welcome. Yes.

Settings. It's, it's potentially we potentially will have one of the largest by plus samples of any research done in Australia. So that is what we're talking about and it's quite extraordinary. Yeah, and when we, when we, when we collect the data and we analyze, it all will be sending it all off to journals, but we'll also be releasing documents for the community and also for Community organizations. So you'll be able to get some really cool snapshots of the data that we found and you can, you can take that however, you want you can Advocate yourself. I always tell you to your listeners actually, can I, can I tell folks? A little story story. So, like, yeah, this entire this entire study started dr. Ben Valentin. Who is meant to be here today? Who is the lead investigator. I spotted him at a bar. I knew that he worked at the Kirby Institute. I don't couple of drinks and I went up to

When I said you need to do more by plus research, why are you not doing well by plus research? This is five years ago and he said, I agree with you. So this entire thing started from a drunk, friendly conversation in a bar. So I implore your listeners to grab onto your passion and take a chance and you will never, you never know what changes in the world that you can make well look, just before you came on.

I was talking about the things that we can do because it's difficult times for queer communities, particularly trans, but all Queer. And you know, what can you do? That's positive. Even if it doesn't directly to appear to be directly, tackling some of the things that are our Mark. Well, here is exactly what you can do. If you are part of the by plus communities, you can fill out the fish survey and that's something positive that you can do that. I think will make a huge difference and obviously we'll have so many applications even Beyond astray.

Alia, which is called too Yeah, absolutely. And the thing is we found that with such a diverse unique community and truly you're not just another number your you stand out, you and no matter how many people have responded to the survey, your information is unique and we need it and we want it. And we will cherish. Yep. In this is definitely a story that, you know, a single drop of rain, rain can raise the ocean. As I think there's that saying, well, let's have all the by drops of rain in there as

We, of course heading to buy health month, which is, you know, a good thing as well, which March is. So this is anyone'd think the timing was perfect and it would be a total coincidence, but Steve lovely to catch up with you. And I've got to wrap up the show at this point, but let's stay in touch. It was good to catch up with you again. I'm on a personal Viewpoint and hear about the Bish survey and all the great things that are going on. Keep up the awesome work and look forward to hearing the results.

Salts and outcomes. In fact, sheets in due course. Absolutely you will hear all about it. Thank you so much. Everyone. You got five days had to push her study.com. Thank you so much Sally, thanks, Steve catch you later. Thank you, have a great rest of your weekend. Bye-bye for now by always, which is that time of the show where I have to say by and just acknowledging that roving has sent in a link on come

3, music and conservative politics, which I'll have a look at afterwards and apologies for any Tech issues on the show today. But I've got to move on and freedom of species is in next at 1:00, and their guest is dr. Laila, begum doctor and plant-based nutritionist discussing the Colin, D cannot Colonial izing nutrition, which is called as part of the Great diverse range of topics that freedom of species.

He's vegan vegetarian and animal advocacy covers every week. Anyway, I'll take it out today with people who have always done good things and that's Midnight Oil and here's a track from well will probably be their last album ever Sadly enough resist and Tarkine, thanks for tuning in to out of the pan on Sally Goldner, catch you next week.

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